

October 2018 Heritage Monthly



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

	<p>Happy Birthday Mary Clements! Yosemite National Park Anniversary</p> <p>1</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 Daily Chronicle [TS] 10:00 October Gazette [TS] 10:30 Fierce and Fit [TS] 11:00 Discover the World Documentary: Yosemite National Park 11:30 Morning Munch Bunch 11:45 Name That Tune 12:00 Math Madness 12:30 Handy Hand Motor Skills [TS] 1:00 Lunch [DR] 2:00 Color Me Calm 2:30 Name 5 Game 3:00 Parachute Fun [TFC] 3:30 Snack Shack Social 4:00 Karaoke</p>	<p>Peanuts Day</p> <p>2</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 Daily Chronicles [TS] 10:00 Peanuts Trivia 10:30 Taboo Tuesday 11:00 Scrabblers 11:30 Healthy Living workout w/Tibs! [TFC] 11:30 Morning Munch Bunch 12:00 Scrabblers 12:30 Bean Bag Bonus [TS] 1:00 Lunch [DR] 2:00 Scentsitive Senses 2:30 Sing Along with the 50's 3:00 Scripture & Song w/ Chaplin Sharon 3:30 Snack Shack Social 3:45 Name That Tune 4:00 Bingo Bonanza [TS]</p>	<p>Mouseketeer's Day</p> <p>3</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 Daily Chronicles [TS] 10:00 Movements to Melodies 10:30 Travel Log w/ Hernan: JFK 11:00 You be the Judge [TFC] 11:30 Morning Munch Bunch 11:45 Discuss & Recall: Mickey Mouse Playhouse 12:00 Making Music w/Haley [TS] 1:00 Lunch [DR] 2:00 Kinetic works 2:30 Shopping Trip: Target 3:00 Who's Got Jokes? 3:00 Mid day Matinee & Popcorn [TS] 3:30 Snack Shack Social 4:00 In the Garden 4:30 Balloon Toss</p>	<p>Detective Day</p> <p>4</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 Headliners [TS] 10:00 Seniorcise [TS] 10:30 Unscramble 11:00 J-I-N-G-O [TS] 11:30 Morning Munch Bunch 11:30 Scenic Drive: Lake Hodges 12:00 Categories [TS] 12:30 Name That Tune 1:00 Lunch [DR] 2:00 Color Me Calm 2:30 Crafty Creations [TS] 3:00 You be the Judge 3:30 Snack Shack Social 4:00 Balloon Hockey [TS] 4:30 Karaoke Hour</p>	<p>Diversity Day</p> <p>5</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 Funny News Friday [BW] 10:00 Corn Hole Competition 10:30 Movements to Melodies [TFC] 11:00 Manicures 11:00 Music Therapy with Shanon 11:30 Morning Munch Bunch 12:00 Family Feud [TS] 12:30 Out & About: Lunch @ Chili's 12:30 Bean Bag Bonus [TS] 1:00 Lunch [DR] 2:00 Sensitive Senses 2:30 Fine Artwork 3:00 Movie Matinee: West Side Story 3:30 Snack Shack Social 4:00 Cranium Crunches [TS]</p>	<p>Silly Saturday</p> <p>6</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 News and Views [BW] 10:00 Fierce and Fit [TS] 10:30 Scrabblers 11:00 Vocal Warm-Up Tongue Twisters 11:30 Morning Munch Bunch 11:30 Scenic Drive: Highway 101 12:00 The Lawrence Welk Show 12:30 Make-up & Manicures [TS] 1:00 Lunch [DR] 2:00 Bowling 2:00 Whats the big picture puzzles [TS] 2:30 Balloon Hockey 3:00 Making Music 3:30 Snack Shack Social 4:00 Similes & Synonyms</p>
<p>Frappe Day</p> <p>7</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 News & Views [TS] 10:00 Spiritivity [TS] 10:30 Age Fit: Stretch & Flex [TFC] 11:00 Categories [TS] 11:30 Morning Munch Bunch 12:00 Fly Swatter Volley Ball 12:30 Conductorcise 1:00 Lunch [DR] 2:00 Name That Tune 2:30 Scrabblers 3:00 Dish It Up: Frappes with Friends 3:00 Wet Canvas [TS] 3:30 Snack Shack Social 4:00 Loteria! (Spanish Bingo) 4:30 Table top Games [TS]</p>	<p>Crazy Cookie Day</p> <p>8</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 Daily Chronicle [TS] 10:00 Sit and Zumba [TFC] 10:30 Mad Lib Monday [TS] 11:00 Family Feud 11:30 Morning Munch Bunch 11:45 Name That Tune 12:00 Math Madness 12:30 Handy Hand Motor Skills [TS] 1:00 Lunch [DR] 2:00 Color Me Calm 2:30 Name 5 Game 3:00 Parachute Phone 3:30 Dish It Up: Sugar Cookies 3:30 Snack Shack Social 4:00 Haunted House Mining [TFC]</p>	<p>Leaf and Leaf Day</p> <p>9</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 Daily Chronicles [TS] 10:00 Haunted House Mining 10:30 Taboo Tuesday 11:00 Scrabblers 11:30 Healthy Living workout w/Tibs! [TFC] 11:30 Morning Munch Bunch 12:00 Scrabblers 12:30 Bean Bag Bonus [TS] 1:00 Lunch [DR] 2:00 Scentsitive Senses 2:30 Sing Along with the 50's 3:00 Scripture & Song w/ Chaplin Sharon 3:00 Sidewalk Stroll 3:30 Snack Shack Social 3:45 Crafty Creations: Leaf Prints</p>	<p>Delta Dawn Day</p> <p>10</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 Daily Chronicles [TS] 10:00 Movements to Melodies 10:30 Unscramble 11:00 You be the Judge [TFC] 11:30 Morning Munch Bunch 11:45 Discuss & Recall: Country Music 12:00 Easy Does it Random Trivia [TS] 1:00 Lunch [DR] 2:00 Name That Tune: Country Crooners 2:30 Word-Wise Wednesday [TS] 3:00 In the Garden 3:00 Mid day Matinee & Popcorn [TS] 3:30 Snack Shack Social 4:00 In the Garden 4:30 Balloon Toss</p>	<p>Elanor Roosevelt's Birth Anniversary</p> <p>11</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 Headliners [TS] 10:00 Seniorcise [TS] 10:30 Unscramble 11:00 First Ladies Famous Quotes 11:30 Morning Munch Bunch 11:45 J-I-N-G-O [TS] 12:00 Categories [TS] 12:30 Name That Tune 1:00 Lunch [DR] 2:00 Color Me Calm 2:30 Crafty Creations [TS] 3:00 You be the Judge 3:30 Snack Shack Social 4:00 Balloon Hockey [TS] 4:30 Karaoke Hour</p>	<p>Bob Hope Day</p> <p>12</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 Funny News Friday [BW] 10:00 Corn Hole Competition 10:30 Movements to Melodies [TFC] 11:00 Manicures 11:00 The Bob Hope Show 11:30 Morning Munch Bunch 12:00 Family Feud [TS] 12:30 Bean Bag Bonus [TS] 1:00 Lunch [DR] 2:00 Sensitive Senses 2:30 Fine Artwork 3:00 Name 5 Game 3:30 Snack Shack Social 4:00 Cranium Crunches [TS] 4:30 Fly Swatter Volley Ball [TS]</p>	<p>Paddington Bear Day</p> <p>13</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 News and Views [BW] 10:00 Fierce and Fit [TS] 10:30 Scrabblers 11:00 Pictionary 11:30 Angie's Farm 11:30 Morning Munch Bunch 12:00 The Lawrence Welk Show 12:30 Make-up & Manicures [TS] 1:00 Lunch [DR] 2:00 Bowling 2:00 Whats the big picture puzzles [TS] 2:30 Balloon Hockey 3:00 Movie Matinee: Paddington 3:30 Snack Shack Social 4:00 Similes & Synonyms</p>
<p>Earth Science Week Begins</p> <p>14</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 News & Views [TS] 10:00 Spiritivity [TS] 10:30 Age Fit: Stretch & Flex [TFC] 11:00 Categories [TS] 11:30 Morning Munch Bunch 12:00 Fly Swatter Volley Ball 12:30 Conductorcise 1:00 Lunch [DR] 2:00 Name That Tune 2:30 Scrabblers 3:00 Wet Canvas [TS] 3:30 Snack Shack Social 4:00 Loteria! (Spanish Bingo) 4:30 Planet Earth Bingo [TS] 5:00 Cup Stackers</p>	<p>Cake Decorating Day</p> <p>15</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 Daily Chronicle [TS] 10:00 Mad Libs 10:30 Fierce and Fit [TS] 11:00 Family Feud 11:30 Morning Munch Bunch 11:45 Name That Tune 12:00 Math Madness 12:30 Handy Hand Motor Skills [TS] 1:00 Lunch [DR] 2:00 Color Me Calm 2:30 Name 5 Game 3:00 Dish It Up: Cupcakes 3:00 Parachute Fun [TFC] 3:30 Snack Shack Social 4:00 Karaoke</p>	<p>Dictionary Day</p> <p>16</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 Daily Chronicles [TS] 10:00 Spelling Bee 10:30 Taboo Tuesday 11:00 Scrabblers 11:30 Healthy Living workout w/Tibs! [TFC] 11:30 Morning Munch Bunch 12:00 Pictionary 12:30 Bean Bag Bonus [TS] 1:00 Lunch [DR] 2:00 Scentsitive Senses 2:30 Sing Along with the 50's 3:00 Scripture & Song w/ Chaplin Sharon 3:30 Snack Shack Social 3:45 Name That Tune 4:00 Bingo Bonanza [TS]</p>	<p>National Fossil Day</p> <p>17</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 Daily Chronicles [TS] 10:00 Movements to Melodies 10:30 Out & About: Bates Nut Farm 11:00 You be the Judge [TFC] 11:30 Morning Munch Bunch 12:00 Making Music w/Haley [TS] 1:00 Lunch [DR] 2:00 Kinetic works 2:30 Who's Got Jokes? 3:00 Mid day Matinee & Popcorn [TS] 3:30 Snack Shack Social 4:00 In the Garden 4:30 Balloon Toss 5:00 Penny Ante 5:30 Dinner [DR]</p>	<p>Chocolate Cupcake Day</p> <p>18</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 Headliners [TS] 10:00 Seniorcise [TS] 10:30 Unscramble 11:00 Dancing Dynamics w/ Mark 11:30 Morning Munch Bunch 12:00 Categories [TS] 12:30 Name That Tune 1:00 Lunch [DR] 1:30 House of Hearing Ear Check Up 2:00 Color Me Calm 2:30 Crafty Creations [TS] 3:00 Dish It Up: Chocolate Cupcakes 3:30 Snack Shack Social 4:00 Balloon Hockey [TS] 4:30 Karaoke Hour</p>	<p>Happy Birthday Clint Robertson</p> <p>19</p> <p>Hocus Pocus Holiday</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 Funny News Friday [BW] 10:00 Horoscopes 10:30 Movements to Melodies [TFC] 11:00 Manicures 11:00 Scenic Drive: Oceanside 11:30 Morning Munch Bunch 12:00 Family Feud [TS] 12:30 Bean Bag Bonus [TS] 1:00 Lunch [DR] 2:00 Color Me Calm 2:30 Crafty Creations: Scare Crow Stuffing [TS] 3:00 Sensitive Senses 3:00 Fine Artwork 3:00 Name 5 Game 3:30 Movie Matinee: Hocus Pocus 3:30 Snack Shack Social</p>	<p>Scare Crow Saturday</p> <p>20</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 News and Views [BW] 10:00 Fierce and Fit [TS] 10:30 Scrabblers 11:00 Categories 11:30 Morning Munch Bunch 12:00 The Lawrence Welk Show 12:30 Make-up & Manicures [TS] 1:00 Lunch [DR] 2:00 Bowling 2:00 Crafty Creations: Scare Crow Stuffing [TS] 2:30 Balloon Hockey 3:00 Making Music 3:00 Scenic Drive: Coronado Bridge 3:30 Snack Shack Social 4:00 Similes & Synonyms</p>
<p>National Pumpkin Cheesecake Day</p> <p>21</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 News & Views [TS] 10:00 Spiritivity [TS] 10:30 Age Fit: Stretch & Flex [TFC] 11:00 Categories [TS] 11:30 Morning Munch Bunch 12:00 Fly Swatter Volley Ball 12:30 Conductorcise 1:00 Lunch [DR] 2:00 Name That Tune 2:30 Scrabblers 3:00 Dish It Up: No Bake Pumpkin Cheesecake 3:00 Wet Canvas [TS] 3:30 Snack Shack Social 4:00 Loteria! (Spanish Bingo) 4:30 Table top Games [TS]</p>	<p>National Nut Day</p> <p>22</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 Daily Chronicle [TS] 10:00 Sit and Zumba [TFC] 10:30 Mad Libs 11:00 Family Feud 11:30 Gary the History Man 11:30 Morning Munch Bunch 11:45 Name That Tune 12:00 Math Madness 12:30 Handy Hand Motor Skills [TS] 1:00 Lunch [DR] 2:00 Color Me Calm 2:30 Name 5 Game 3:00 Dish It Up: Home made Pay Day Bars 3:00 Parachute Fun [TFC] 3:30 Snack Shack Social</p>	<p>Scorpio The Scorpion</p> <p>23</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 Daily Chronicles [TS] 10:00 Pool Noodle Basketball 10:30 Scrabblers 11:00 Taboo Tuesday 11:30 Healthy Living workout w/Tibs! [TFC] 11:30 Morning Munch Bunch 12:00 Scrabblers 12:30 Bean Bag Bonus [TS] 1:00 Lunch [DR] 2:00 Afternoon Astrology 2:30 Sing Along with the 50's 3:00 Scripture & Song w/ Chaplin Sharon 3:30 Snack Shack Social 3:45 Name That Tune 4:00 Bingo Bonanza [TS]</p>	<p>A Composed Day</p> <p>24</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 Daily Chronicles [TS] 10:00 Movements to Melodies 10:30 Musings with Mendelssohn 11:00 You be the Judge [TFC] 11:30 Morning Munch Bunch 12:00 Easy Does it Random Trivia [TS] 12:30 Who's Got Jokes? 1:00 Lunch [DR] 2:00 Kinetic works 2:30 Word-Wise Wednesday [TS] 3:00 Mid day Matinee & Popcorn [TS] 3:30 Snack Shack Social 4:00 In the Garden 4:30 Balloon Toss 5:00 Penny Ante</p>	<p>Pablo Picasso Day</p> <p>25</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 Headliners [TS] 10:00 Seniorcise [TS] 10:30 Unscramble 11:00 Dancing Dynamics w/ Mark 11:30 Morning Munch Bunch 11:45 Can You Picture This: Picasso Art Discussion 12:00 Categories [TS] 12:30 Name That Tune 1:00 Lunch [DR] 2:00 Color Me Calm 2:30 Wet Canvas: Pablo Picasso [TS] 3:00 You be the Judge 3:30 Snack Shack Social 4:00 Balloon Hockey [TS] 4:30 Karaoke</p>	<p>Frankenstein Friday</p> <p>26</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 Funny News Friday [BW] 10:00 Corn Hole Competition 10:30 Movements to Melodies [TFC] 11:00 Manicures 11:30 Morning Munch Bunch 12:00 Family Feud [TS] 12:30 Bean Bag Bonus [TS] 1:00 Lunch [DR] 2:00 Sensitive Senses 2:30 Fine Artwork 3:00 Crafty Creations: Frankies Face 3:00 Name 5 Game 3:30 Snack Shack Social 4:00 Cranium Crunches [TS] 4:30 Fly Swatter Volley Ball [TS]</p>	<p>National Navy Day</p> <p>27</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 News and Views [BW] 10:00 Fierce and Fit [TS] 10:30 Discuss & Recall: United States Navy 11:00 Scrabblers 11:30 Angie's Farm 11:30 Morning Munch Bunch 12:00 The Lawrence Welk Show 12:30 Make-up & Manicures [TS] 1:00 Lunch [DR] 2:00 Bowling 2:00 Whats the big picture puzzles [TS] 2:30 Balloon Hockey 3:00 Making Music 3:30 Snack Shack Social 4:00 Similes & Synonyms</p>
<p>Mother In Law Day</p> <p>28</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 News & Views [TS] 10:00 Spiritivity [TS] 10:30 Age Fit: Stretch & Flex [TFC] 11:00 Categories [TS] 11:30 Morning Munch Bunch 12:00 Fly Swatter Volley Ball 12:30 Conductorcise 1:00 Lunch [DR] 2:00 Name That Tune 2:00 Out & About: Dia De Los Muertos Festival @ Mission San Luis Rey 2:30 Scrabblers 3:00 Movie Matinee: Monster In Law 3:00 Wet Canvas [TS] 3:30 Snack Shack Social</p>	<p>National Cat Day</p> <p>29</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 Daily Chronicle [TS] 10:00 Mad Libs 10:30 Fierce and Fit [TS] 11:00 Family Feud 11:30 Morning Munch Bunch 11:45 Name That Tune 12:00 Math Madness 12:30 Handy Hand Motor Skills [TS] 1:00 Lunch [DR] 1:00 Monster Mash 2:00 Color Me Calm 2:30 Name 5 Game 3:00 Parachute Fun [TFC] 3:30 Snack Shack Social 4:00 Karaoke</p>	<p>A Wicked Day</p> <p>30</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 Daily Chronicles [TS] 10:00 Pool Noodle Basketball 10:30 Scrabblers 11:00 Taboo Tuesday 11:30 Healthy Living workout w/Tibs! [TFC] 11:30 Morning Munch Bunch 11:30 Scenic Drive: Golfer Canyon Rd 12:00 Scrabblers 12:30 Bean Bag Bonus [TS] 1:00 Lunch [DR] 2:00 Scentsitive Senses 2:30 Sing Along with the 50's 3:00 Scripture & Song w/ Chaplin Sharon 3:30 Snack Shack Social 3:45 Name That Tune</p>	<p>Happy Halloween</p> <p>31</p> <p>8:30 Sidewalk Stroll [BW] 9:00 Breakfast [DR] 9:30 Daily Chronicles [TS] 10:00 Movements to Melodies 10:30 Horoscopes 11:00 You be the Judge [TFC] 11:30 Morning Munch Bunch 11:45 Name 5 Game 12:00 Easy Does it Random Trivia [TS] 1:00 Lunch [DR] 2:00 Kinetic works 2:30 Who's Got Jokes? 3:00 In the Garden 3:00 Mid day Matinee & Popcorn [TS] 3:30 Snack Shack Social 4:00 Haunted Halls 4:30 Trick Or Treat</p>	<p>**All Activities are Subject to Change with out prior notice **</p> <p>Location Keys</p> <p>Bistro West BW Dining Room DR Town Sq Fitness Cr TFC Town Square TS</p>		