

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p><b>Welcome to July Day</b> <b>1</b></p> <p>8:00 Good morning V.D.L 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 News &amp; Views [TS] 10:00 July Gazette [TS] 10:30 Age Fit: Stretch &amp; Flex [TFC] 11:00 Categories [TS] 11:30 Morning Munch Bunch 11:45 Spiritivity [TS] 12:00 Fly Swatter Volley Ball 12:30 July IQ 1:00 Lunch [DR] 2:00 Crafty Creations: Paper Bursts Centerpiece 2:30 Scrabblers 3:00 Wet Canvas [TS] 3:30 Snack Shack Social 4:00 Loteria! (Spanish Bingo)</p>	<p><b>Robot Day</b> <b>2</b></p> <p>8:00 Rise &amp; Shine 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 Daily Chronicle [TS] 10:00 Robot Discussion 10:30 Rhyming Warm Up Routine [TS] 11:00 Discover the World Documentary 11:30 Morning Munch Bunch 12:00 Math Madness 12:30 Name 5 Game 1:00 Lunch [DR] 2:30 Handy Hand Motor Skills [TS] 2:00 Parachute Fun [TFC] 3:00 Snack Shack Social 4:00 Karaoke Hour 5:00 Senior Feud 5:30 Diner [DR]</p>	<p><b>Happy Birthday Phil Akins</b> <b>Portrait Painter Day</b> <b>3</b></p> <p>8:00 Good morning V.D.L 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 Daily Chronicles [TS] 10:00 Who was John Singleton Copley 10:30 Scrabblers: American Painters 11:00 Angie's Farm 11:30 Morning Munch Bunch 11:40 Healthy Living workout w/Tibs! [TFC] 12:00 Out &amp; About: Del Mar Fair 12:00 Senior Feud 12:30 Treasure Detectives [TS] 1:00 Lunch [DR] 2:00 Sing Along with the 50's 2:30 Sensitive Senses 3:00 Name That Tune</p>	<p><b>Happy Birthday Patricia Swaner!</b> <b>Independence Day</b> <b>4</b></p> <p>8:00 Rise &amp; Shine 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 Daily Chronicles [TS] 10:00 Movements to Melodies 10:30 Travel Log w/ Hernan: JFK 11:00 An Independence Day Coincidence [TFC] 11:30 Morning Munch Bunch 12:00 Making Music w/Haley [TS] 1:00 Independence Day BBQ [C] 2:00 Kinetic works 2:30 Who Am I 3:00 Mid day Matinee &amp; Popcorn [TS] 3:30 Snack Shack Social 4:00 In the Garden 4:30 Balloon Toss</p>	<p><b>"What's Up, Doc?" Day</b> <b>5</b></p> <p>8:00 Good morning V.D.L 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 Headliners [TS] 10:00 Seniorcise [TS] 10:30 Famous Catchphrases 10:30 Scenic Drive: Oceanside Beach 11:30 Spiritivity w/ Chaplin Sharon 11:30 Morning Munch Bunch 12:00 Categories: Bugs Bunny [TS] 12:30 Name That Tune 1:00 Lunch [DR] 2:00 Mad Libs 2:30 Crafty Creations [TS] 3:00 You be the Judge 3:30 Snack Shack Social 4:00 J-N-G-O [TS]</p>	<p><b>Name That Tune TV Premiere</b> <b>6</b></p> <p>8:00 Rise &amp; Shine 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 Funny News Friday [BW] 10:00 Name That Tune Game 10:30 Name That Tune Premier [TFC] 11:00 Music Therapy with Shanon 11:30 Morning Munch Bunch 12:00 Family Feud [TS] 12:30 Sidewalk Stroll 1:00 Lunch [DR] 2:00 Fine Artwork 2:30 Sensitive Senses 3:00 Name 5 Game 3:30 Snack Shack Social 4:00 Dance Party! [TS] 4:30 Fly Swatter Volley Ball [TS]</p>	<p><b>Lucky 7 Day</b> <b>7</b></p> <p>8:00 Good morning V.D.L 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 News and Views [BW] 10:00 Feirce and Fit [TS] 10:30 Scrabblers 11:00 Lucky 7 Dice Game 11:30 Morning Munch Bunch 12:00 Make-up &amp; Manicures [TS] 12:00 The Lawrence Welk Show 1:00 Lunch [DR] 2:00 Bowling 2:00 Whats the big picture puzzles [TS] 2:30 Balloon Hockey 3:00 Dish it up 3:30 Snack Shack Social 4:00 Similes &amp; Synonyms</p>										
<p><b>Barn Day</b> <b>8</b></p> <p>8:00 Good morning V.D.L 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 News &amp; Views [TS] 10:00 Spiritivity [TS] 10:30 Age Fit: Stretch &amp; Flex [TFC] 11:00 Categories: Barn Animals [TS] 11:30 Morning Munch Bunch 12:00 Fly Swatter Volley Ball 12:30 Cunductorcise 1:00 Lunch [DR] 2:00 Name That Tune 2:30 Scrabblers 3:00 Wet Canvas [TS] 3:30 Snack Shack Social 4:00 Loteria! (Spanish Bingo) 4:30 Table top Games [TS]</p>	<p><b>Colorful Characters Day</b> <b>9</b></p> <p>8:00 Rise &amp; Shine 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 Daily Chronicle [TS] 10:00 Sit and Zumba [TFC] 10:30 Headbands Game 11:00 Categories: Name Colorful Characters 11:30 Morning Munch Bunch 12:00 Math Madness 12:30 Name 5 Game 1:00 Lunch [DR] 2:00 Gone Fishing 2:30 Handy Hand Motor Skills [TS] 3:00 Parachute Fun [TFC] 3:30 Snack Shack Social 4:00 Karaoke Hour 5:00 Senior Feud</p>	<p><b>Cow Appreciation Day</b> <b>10</b></p> <p>8:00 Good morning V.D.L 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 Daily Chronicles [TS] 10:00 Pool Noodle Basketball 10:30 Scrabblers 11:00 Taboo Tuesday 11:30 Morning Munch Bunch 11:40 Healthy Living workout w/Tibs! [TFC] 12:00 Senior Feud 12:30 Bean Bag Bonus [TS] 1:00 Lunch [DR] 2:00 Sing Along with the 50's 2:30 Sensitive Senses 3:00 Name That Tune 3:30 Snack Shack Social 4:30 Robert Parker's Piano Performance</p>	<p><b>Make your Own Sundae Day</b> <b>11</b></p> <p>8:00 Rise &amp; Shine 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 Daily Chronicles [TS] 10:00 Pool Noodle Frisbee 10:30 Rhyming Warm Up Routine 11:00 You be the Judge [TFC] 11:30 Morning Munch Bunch 12:00 Easy Does it Random Trivia [TS] 1:00 Lunch [DR] 2:00 Ice Cream Social 2:30 Word-Wise Wednesday [TS] 3:00 Mid day Matinee &amp; Popcorn [TS] 3:30 Snack Shack Social 4:00 In the Garden 4:30 Balloon Toss 5:00 Penny Ante</p>	<p><b>Family Feud Day</b> <b>12</b></p> <p><b>Happy Birthday Lilian Voegelit!</b></p> <p>8:00 Good morning V.D.L 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 Funny News Friday [BW] 10:00 History of Friday The 13th 10:30 Seniorcise [TS] 11:00 Family Feud Game 11:30 Spiritivity w/ Chaplin Sharon 11:30 Morning Munch Bunch 12:00 Categories [TS] 12:30 J-N-G-O [TS] 1:00 Lunch [DR] 2:00 Mad Libs 2:30 Crafty Creations [TS] 3:00 You be the Judge 3:30 Snack Shack Social 4:00 Balloon Hockey [TS]</p>	<p><b>Friday the 13th</b> <b>13</b></p> <p>8:00 Rise &amp; Shine 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 Funny News Friday [BW] 10:00 History of Friday The 13th 10:30 Movements to Melodies [TFC] 11:00 Manicures 11:30 Morning Munch Bunch 12:00 Family Feud [TS] 12:30 Bean Bag Bonus [TS] 1:00 Lunch [DR] 2:00 Fine Artwork 2:30 Superstition Stories 3:00 Name 5 Game 3:30 Snack Shack Social 4:00 Dance Party! [TS] 4:30 Fly Swatter Volley Ball [TS]</p>	<p><b>Shark Awareness Day</b> <b>14</b></p> <p>8:00 Good morning V.D.L 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 News and Views [BW] 10:00 Feirce and Fit [TS] 10:30 Scrabblers 11:00 J-N-G-O 11:30 Morning Munch Bunch 12:00 Make-up &amp; Manicures [TS] 12:00 The Lawrence Welk Show 1:00 Lunch [DR] 2:00 Bowling 2:00 Whats the big picture puzzles [TS] 2:30 Balloon Hockey 3:00 Making Music 3:30 Snack Shack Social 4:00 Similes &amp; Synonyms</p>										
<p><b>National Zookeeper Week Begins</b> <b>15</b></p> <p>8:00 Good morning V.D.L 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 News &amp; Views [TS] 10:00 Spiritivity [TS] 10:30 Age Fit: Stretch &amp; Flex [TFC] 11:00 Categories [TS] 11:30 Morning Munch Bunch 12:00 Fly Swatter Volley Ball 12:30 Cunductorcise 1:00 Lunch [DR] 2:00 Name That Tune 2:30 Scrabblers 3:00 Wet Canvas: Zoo Animals [TS] 3:30 Snack Shack Social 4:00 Loteria! (Spanish Bingo) 4:30 Table top Games [TS]</p>	<p><b>River Dancing Day</b> <b>16</b></p> <p>8:00 Rise &amp; Shine 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 Daily Chronicle [TS] 10:00 Mad Libs 10:30 Rhyming Warm Up Routine [TS] 11:00 Celtic Women Concert 11:30 Morning Munch Bunch 12:00 Math Madness 12:30 Name 5 Game 1:00 Lunch [DR] 2:00 Gone Fishing 2:30 Handy Hand Motor Skills [TS] 3:00 Parachute Fun [TFC] 3:30 Snack Shack Social 4:00 Karaoke Hour 5:00 Senior Feud</p>	<p><b>MLB All-Star Game</b> <b>17</b></p> <p>8:00 Good morning V.D.L 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 Daily Chronicles [TS] 10:00 Pool Noodle Basketball 10:30 Taboo Tuesday 11:00 Out &amp; About: Picnic at Dixon Lake 11:30 Morning Munch Bunch 11:40 Healthy Living workout w/Tibs! [TFC] 12:00 Senior Feud 12:30 Bean Bag Bonus [TS] 1:00 Lunch [DR] 2:00 Sing Along with the 50's 2:30 Sensitive Senses 3:00 Name That Tune 3:30 Snack Shack Social 4:00 Bingo Bonanza [TS]</p>	<p><b>Perfect 10 Day</b> <b>18</b></p> <p>8:00 Rise &amp; Shine 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 Daily Chronicles [TS] 10:00 Pool Noodle Frisbee 10:30 Rhyming Warm Up Routine 11:00 Scenic Drive: Carlsbad Beach 11:00 You be the Judge [TFC] 11:30 Morning Munch Bunch 12:00 Making Music w/Haley [TS] 1:00 Lunch [DR] 2:00 Kinetic works 2:30 Who's Got Jokes? 3:00 Mid day Matinee &amp; Popcorn [TS] 3:30 Snack Shack Social 4:00 In the Garden 4:30 Balloon Toss</p>	<p><b>Happy Birthday Charles Benette!</b> <b>Foreign Language Day</b> <b>Happy Birthday Kenda Johnson!</b> <b>19</b></p> <p>8:00 Good morning V.D.L 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 Funny News Friday [BW] 10:00 Corn Hole Competition 10:30 Movements to Melodies [TFC] 11:00 Manicures 11:30 Morning Munch Bunch 12:00 Family Feud [TS] 12:30 Bean Bag Bonus [TS] 1:00 Lunch [DR] 2:00 Fine Artwork 2:30 Sensitive Senses 3:00 Name 5 Game 3:30 Snack Shack Social 4:00 Dance Party! [TS] 4:30 Fly Swatter Volley Ball [TS]</p>	<p><b>Natalie Wood's 80th Birth Anniversary</b> <b>20</b></p> <p>8:00 Rise &amp; Shine 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 Funny News Friday [BW] 10:00 Corn Hole Competition 10:30 Movements to Melodies [TFC] 11:00 Manicures 11:30 Morning Munch Bunch 12:00 Family Feud [TS] 12:30 Bean Bag Bonus [TS] 1:00 Lunch [DR] 2:00 Fine Artwork 2:30 Sensitive Senses 3:00 Name 5 Game 3:30 Snack Shack Social 4:00 Dance Party! [TS] 4:30 Fly Swatter Volley Ball [TS]</p>	<p><b>Sandcastle and Sculpture Day</b> <b>21</b></p> <p><b>Happy Birthday Peggy Haven</b></p> <p>8:00 Good morning V.D.L 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 News and Views [BW] 10:00 Feirce and Fit [TS] 10:30 Scrabblers 11:00 J-N-G-O 11:30 Morning Munch Bunch 12:00 Make-up &amp; Manicures [TS] 12:00 The Lawrence Welk Show 1:00 Lunch [DR] 2:00 Bowling 2:00 Whats the big picture puzzles [TS] 2:30 Balloon Hockey 3:00 Making Music 3:30 Snack Shack Social</p>										
<p><b>I've Got a Question Day</b> <b>22</b></p> <p>8:00 Good morning V.D.L 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 News &amp; Views [TS] 10:00 Spiritivity [TS] 10:30 Age Fit: Stretch &amp; Flex [TFC] 11:00 Categories [TS] 11:30 Morning Munch Bunch 12:00 Fast Facts 12:30 Jeopardy's 10 Most Memorable Moments 1:00 Lunch [DR] 2:00 Name That Tune 2:30 Scrabblers 3:00 Wet Canvas [TS] 3:30 Snack Shack Social 4:00 Loteria! (Spanish Bingo) 4:30 Table top Games [TS]</p>	<p><b>Blue Monday</b> <b>23</b></p> <p>8:00 Rise &amp; Shine 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 Daily Chronicle [TS] 10:00 Sit and Zumba [TFC] 10:30 Scrabblers 11:00 Mad Libs 11:30 Morning Munch Bunch 11:30 Gary the History Man 12:00 Math Madness 12:30 Name 5 Game 1:00 Lunch [DR] 2:00 "Blue" expressions 2:30 Handy Hand Motor Skills [TS] 3:00 Dish It Up: Blueberry Muffins 3:00 Parachute Fun [TFC] 3:30 Snack Shack Social</p>	<p><b>Tell an Old Joke Day</b> <b>Happy Birthday Ken Revoir!</b> <b>24</b></p> <p>8:00 Good morning V.D.L 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 Daily Chronicles [TS] 10:00 Comedy Club 10:30 Taboo Tuesday 11:00 Angie's Farm 11:30 Morning Munch Bunch 11:40 Healthy Living workout w/Tibs! [TFC] 12:00 Senior Feud 12:30 Bean Bag Bonus [TS] 1:00 Lunch [DR] 2:00 Sing Along with the 50's 2:30 Sensitive Senses 3:00 Name That Tune 3:30 Snack Shack Social</p>	<p><b>Drone Day</b> <b>25</b></p> <p>8:00 Rise &amp; Shine 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 Daily Chronicles [TS] 10:00 Pool Noodle Frisbee 10:30 Rhyming Warm Up Routine 11:00 Drone video of Seattle landmarks [TFC] 11:30 Morning Munch Bunch 12:00 Easy Does it Random Trivia [TS] 12:30 Who's Got Jokes? 1:00 Lunch [DR] 2:00 Kinetic works 2:30 Word-Wise Wednesday [TS] 3:00 Mid day Matinee &amp; Popcorn [TS] 3:30 Snack Shack Social 4:00 In the Garden 4:30 Balloon Toss</p>	<p><b>It's Only Rock 'n' Roll Day</b> <b>26</b></p> <p>8:00 Good morning V.D.L 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 Headliners [TS] 10:00 Seniorcise [TS] 10:30 Easy Does it Random Trivia 11:00 Spiritivity w/ Chaplin Sharon 11:30 Morning Munch Bunch 12:00 Categories [TS] 12:30 J-N-G-O [TS] 1:00 Lunch [DR] 2:00 Mad Libs 2:30 Crafty Creations [TS] 3:00 You be the Judge 3:30 Snack Shack Social 4:00 Balloon Hockey [TS] 4:30 Karaoke Hour</p>	<p><b>Hooray for Bagpipes! Day</b> <b>Happy Birthday Joyce Jones!</b> <b>27</b></p> <p>8:00 Rise &amp; Shine 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 Funny News Friday [BW] 10:00 Corn Hole Competition 10:30 Movements to Melodies [TFC] 11:00 Manicures 11:30 Morning Munch Bunch 12:00 Family Feud [TS] 12:30 Bean Bag Bonus [TS] 1:00 Lunch [DR] 2:00 Fine Artwork 2:30 Sensitive Senses 3:00 Name 5 Game 3:30 Snack Shack Social 4:00 Dance Party! [TS]</p>	<p><b>Day of the Cowboy</b> <b>28</b></p> <p>8:00 Good morning V.D.L 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 News and Views [BW] 10:00 Feirce and Fit [TS] 10:30 Scrabblers 11:00 J-N-G-O 11:30 Morning Munch Bunch 12:00 Make-up &amp; Manicures [TS] 12:00 The Lawrence Welk Show 1:00 Lunch [DR] 2:00 Bowling 2:00 Whats the big picture puzzles [TS] 2:30 Balloon Hockey 3:00 Making Music 3:30 Snack Shack Social 4:00 Similes &amp; Synonyms</p>										
<p><b>Comedy Celebration Day</b> <b>29</b></p> <p>8:00 Good morning V.D.L 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 News &amp; Views [TS] 10:00 Spiritivity [TS] 10:30 Age Fit: Stretch &amp; Flex [TFC] 11:00 Categories [TS] 11:30 Morning Munch Bunch 12:00 Fly Swatter Volley Ball 12:30 Cunductorcise 1:00 Lunch [DR] 2:00 Name That Tune 2:30 Scrabblers 3:00 Wet Canvas [TS] 3:30 Snack Shack Social 4:00 Loteria! (Spanish Bingo) 4:30 Table top Games [TS]</p>	<p><b>Cheesecake Day</b> <b>30</b></p> <p>8:00 Rise &amp; Shine 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 Daily Chronicle [TS] 10:00 Mad Libs 10:30 Rhyming Warm Up Routine [TS] 11:00 Scrabblers 11:00 Shopping Trip: Ross 11:30 Morning Munch Bunch 12:00 Math Madness 12:30 Name 5 Game 1:00 Lunch [DR] 2:00 Gone Fishing 2:30 Handy Hand Motor Skills [TS] 3:00 Dish It Up: No Bake Key Lime Cheesecake 3:00 Parachute Fun [TFC] 3:30 Snack Shack Social</p>	<p><b>Show Your True Colors Day</b> <b>31</b></p> <p>8:00 Good morning V.D.L 8:30 Busy Bodies (ongoing all day) [BW] 9:00 Breakfast [DR] 9:30 Daily Chronicles [TS] 10:00 Pool Noodle Basketball 10:30 Taboo Tuesday 11:00 Scenic Drive: Coronado Bridge 11:30 Morning Munch Bunch 11:40 Healthy Living workout w/Tibs! [TFC] 12:00 Senior Feud 12:30 Bean Bag Bonus [TS] 1:00 Lunch [DR] 2:00 Sing Along with the 50's 2:30 Sensitive Senses 3:00 Name That Tune 3:30 Snack Shack Social 4:00 Bingo Bonanza [TS]</p>	<div style="text-align: center;">  <p><b>Vista del Lago</b> MEMORY CARE</p> </div> <div style="text-align: right;"> <p><b>**All Activities are Subject to Change with out prior notice **</b></p> <p><b>Location Keys</b></p> <table border="0"> <tr> <td>Bistro West</td> <td>BW</td> </tr> <tr> <td>Courtyard</td> <td>C</td> </tr> <tr> <td>Dining Room</td> <td>DR</td> </tr> <tr> <td>Town Sq Fitness Cr</td> <td>TFC</td> </tr> <tr> <td>Town Square</td> <td>TS</td> </tr> </table> </div>				Bistro West	BW	Courtyard	C	Dining Room	DR	Town Sq Fitness Cr	TFC	Town Square	TS
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