


Sunday Monday Tuesday Wednesday Thursday Friday Saturday

			<p>8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 November Gazette [TS] 10:00 Hymns & Prayer w/ Chaplain Sharon [TS] 10:30 Snack Shack w/ Chaplain Sharon [TS] 11:00 Cardio Corner [TFC] 11:30 Easy Does it Random Trivia [TS] 12:00 Lunch [DR] 1:30 Making Music w/Emma [TS] 2:00 Fly Swatter Volley Ball [TFC] 2:30 Snack Shack Social 3:00 Mid day Matinee & Popcorn: The Wizard of Oz Anniversary Viewing [TS] 5:00 Dinner [DR] 6:30 Evening at the Cinema [C]</p>	<p>8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 Headliners [TS] 10:00 Penny Ante [TS] 10:30 Out & About: Balboa Park 10:30 Morning Munch Bunch 11:00 Seniorcise [TS] 11:30 Categories [TS] 12:00 Lunch [DR] 1:30 Crafty Creations [TS] 2:30 Snack Shack Social 2:45 J-H-N-G-O [TS] 3:30 Balloon Hockey [TS] 4:00 Karaoke Hour 5:00 Dinner [DR] 6:30 Bingo fun night [BW]</p>	<p>National Sandwich Day! 8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 Funny News Friday [BW] 10:00 Corn Hole Competition 10:30 Scenic Drive 10:30 Morning Munch Bunch 11:00 Dancin Dynamics Exercise [TFC] 11:30 Clover all over Game [TS] 12:00 Lunch [DR] 1:30 Brain Game: Pickles to Penguins [TS] 2:00 Fine Artwork [TS] 2:30 Snack Shack Social 3:00 Kick Ball [TS] 3:30 Hang Man [TS] 4:00 Dance Party! [TS] 5:00 Dinner [DR] 6:15 Fun Film Friday</p>	<p>8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 News and Views [BW] 10:00 Make-up & Manicures [TS] 10:00 Man Cave gather [MC] 10:30 Morning Munch Bunch 10:30 The Lawrence Welk Show 12:00 Lunch [DR] 1:30 Whats the big picture puzzles [TS] 2:30 Snack Shack Social 3:00 Similes & Synonyms 3:00 Dish it up 3:30 Drums Alive Exercise [TFC] 4:00 Scrapbookers [TS] 5:00 Dinner [DR] 6:30 On the big Screen [BW]</p>
<p>8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 News & Views [TS] 10:00 Spiritivity [TS] 10:30 Morning Munch Bunch 10:45 Age Fit: Stretch & Flex [TFC] 11:15 Categories [TS] 12:00 Lunch [DR] 1:30 Scrabblers 2:30 Snack Shack Social 3:00 Wet Canvas [TS] 3:00 Catholic Communion w/ Saint Marys Ministry [TS] 3:30 Loteria! (Spanish Bingo) 4:00 Table top Games [TS] 5:00 Dinner [DR] 6:15 Silly Cinema</p>	<p>8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 Daily Chronicle [TS] 10:00 Rhyming Warm Up Routine [TS] 10:30 Morning Munch Bunch 11:00 Discover the World Documentary 11:30 What Comes Next Game [TS] 12:00 Lunch [DR] 1:30 Handy Hand Motor Skills [TS] 2:00 Math Madness 2:30 Snack Shack Social 3:00 Parachute Fun [TFC] 4:00 Karaoke Hour 5:00 Dinner [DR] 6:15 Helpful Hands</p>	<p>Happy Birthday Elizabeth Allen! 8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 Daily Chronicles [TS] 10:00 Scrabblers 10:30 Morning Munch Bunch 11:00 Senior Feud 11:30 Kinetic works [BW] 12:00 Treasure Detectives [TS] 12:00 Lunch [DR] 1:30 Sing Along with the 50's 2:30 Healthy Living workout w/Tibs! [TFC] 3:00 Snack Shack Social 3:30 Bingo Bonanza [TS] 4:30 "Can you picture this" Discussion 5:00 Dinner [DR] 6:15 Featured Film</p>	<p>8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 Daily Chronicles [TS] 10:00 Hymns & Prayer w/ Chaplain Sharon [TS] 10:30 Snack Shack w/ Chaplain Sharon [TS] 11:00 Cardio Corner [TFC] 11:30 Easy Does it Random Trivia [TS] 12:00 Lunch [DR] 1:30 Word-Wise Wednesday [TS] 2:00 Fly Swatter Volley Ball [TFC] 2:30 Snack Shack Social 3:00 Mid day Matinee & Popcorn [TS] 5:00 Dinner [DR] 6:30 Evening at the Cinema [C]</p>	<p>Good Nutrition Day Happy Birthday Raymond Carl 8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 Headliners [TS] 10:00 Penny Ante [TS] 10:30 Morning Munch Bunch 11:00 Seniorcise [TS] 11:30 Categories [TS] 12:00 Lunch [DR] 1:30 Crafty Creations [TS] 2:30 Snack Shack Social 2:45 J-H-N-G-O [TS] 3:30 Balloon Hockey [TS] 4:00 Karaoke Hour 5:00 Dinner [DR] 6:30 Bingo fun night [BW]</p>	<p>8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 Funny News Friday [BW] 10:00 Veterans Day Celebration [C] 10:30 Morning Munch Bunch 11:00 Dancin Dynamics Exercise [TFC] 11:30 Clover all over Game [TS] 12:00 Lunch [DR] 1:30 Gary the History Man 2:00 Fine Artwork [TS] 2:30 Snack Shack Social 3:00 Kick Ball [TS] 3:30 Hang Man [TS] 4:00 Dance Party! [TS] 5:00 Dinner [DR] 6:15 Fun Film Friday</p>	<p>8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 News and Views [BW] 10:00 Make-up & Manicures [TS] 10:00 Man Cave gather [MC] 10:30 Morning Munch Bunch 10:30 The Lawrence Welk Show 12:00 Lunch [DR] 1:30 Whats the big picture puzzles [TS] 2:30 Snack Shack Social 3:00 Similes & Synonyms 3:00 Dish it up 3:30 Drums Alive Exercise [TFC] 4:00 Scrapbookers [TS] 5:00 Dinner [DR] 6:30 On the big Screen [BW]</p>
<p>Where in the World Day! 8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 News & Views [TS] 10:00 Spiritivity [TS] 10:30 Morning Munch Bunch 10:45 Age Fit: Stretch & Flex [TFC] 11:15 Categories [TS] 12:00 Lunch [DR] 1:30 Scrabblers 2:30 Snack Shack Social 3:00 Wet Canvas [TS] 3:00 Catholic Communion w/ Saint Marys Ministry [TS] 3:30 Loteria! (Spanish Bingo) 4:00 Table top Games [TS] 5:00 Dinner [DR] 6:15 Silly Cinema</p>	<p>8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 Daily Chronicle [TS] 10:00 Rhyming Warm Up Routine [TS] 10:30 Morning Munch Bunch 11:15 Sit and Zumba [TFC] 12:00 Lunch [DR] 1:30 Handy Hand Motor Skills [TS] 2:00 Math Madness 2:30 Snack Shack Social 3:00 Parachute Fun [TFC] 4:00 Karaoke Hour 5:00 Dinner [DR] 6:15 Helpful Hands</p>	<p>Happy Birthday Luz Canonizado American Teddy Bear Day 8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 Daily Chronicles [TS] 10:00 Scrabblers 10:30 Morning Munch Bunch 11:00 Senior Feud 11:30 Kinetic works [BW] 12:00 Treasure Detectives [TS] 12:00 Lunch [DR] 1:30 Sing Along with the 50's 2:30 Healthy Living workout w/Tibs! [TFC] 3:00 Snack Shack Social 3:30 Bingo Bonanza [TS] 4:00 Happy Hour with Robert Parker Piano 4:30 "Can you picture this" Discussion 5:00 Dinner [DR] 6:15 Featured Film</p>	<p>8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 Daily Chronicles [TS] 10:00 Hymns & Prayer w/ Chaplain Sharon [TS] 10:30 Snack Shack w/ Chaplain Sharon [TS] 11:00 Cardio Corner [TFC] 11:30 Easy Does it Random Trivia [TS] 12:00 Lunch [DR] 1:30 Making Music w/Emma [TS] 2:00 Fly Swatter Volley Ball [TFC] 2:30 Snack Shack Social 3:00 Mid day Matinee & Popcorn [TS] 5:00 Thanksgiving Dinner [DR] 6:30 Evening at the Cinema [C]</p>	<p>8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 Headliners [TS] 10:00 Out & About: Safari Park 10:30 Morning Munch Bunch 11:00 Seniorcise [TS] 11:30 Categories [TS] 12:00 Lunch [DR] 1:30 Crafty Creations [TS] 2:30 Snack Shack Social 2:45 J-H-N-G-O [TS] 3:30 Balloon Hockey [TS] 5:00 Dinner [DR] 6:30 Bingo fun night [BW]</p>	<p>8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 Funny News Friday [BW] 10:30 Scenic Drive 10:30 Morning Munch Bunch 11:00 Dancin Dynamics Exercise [TFC] 11:30 Clover all over Game [TS] 12:00 Lunch [DR] 1:30 Brain Game: Pickles to Penguins [TS] 2:00 Fine Artwork [TS] 2:30 Snack Shack Social 3:00 Kick Ball [TS] 3:30 Hang Man [TS] 4:00 Dance Party! [TS] 5:00 Dinner [DR] 6:15 Fun Film Friday</p>	<p>8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 News and Views [BW] 10:00 Make-up & Manicures [TS] 10:00 Man Cave gather [MC] 10:30 Morning Munch Bunch 10:30 The Lawrence Welk Show 12:00 Lunch [DR] 1:30 Whats the big picture puzzles [TS] 2:30 Snack Shack Social 3:00 Similes & Synonyms 3:00 Dish it up 3:30 Drums Alive Exercise [TFC] 4:00 Scrapbookers [TS] 5:00 Dinner [DR] 6:30 On the big Screen [BW]</p>
<p>Gettysburg Address Anniversary 8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 News & Views [TS] 10:00 Spiritivity [TS] 10:30 Morning Munch Bunch 10:45 Age Fit: Stretch & Flex [TFC] 11:15 Categories [TS] 12:00 Lunch [DR] 1:30 Scrabblers 2:30 Snack Shack Social 3:00 Wet Canvas [TS] 3:00 Catholic Communion w/ Saint Marys Ministry [TS] 3:30 Loteria! (Spanish Bingo) 4:00 Table top Games [TS] 5:00 Dinner [DR] 6:15 Silly Cinema</p>	<p>8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 Daily Chronicle [TS] 10:00 Rhyming Warm Up Routine [TS] 10:30 Morning Munch Bunch 10:30 House of Hearing Ear Check Up 11:30 What Comes Next Game [TS] 12:00 Lunch [DR] 1:30 Handy Hand Motor Skills [TS] 2:00 Math Madness 2:30 Snack Shack Social 3:00 Parachute Fun [TFC] 4:00 Karaoke Hour 5:00 Dinner [DR] 6:15 Helpful Hands</p>	<p>8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 Daily Chronicles [TS] 10:00 Scrabblers 10:30 Morning Munch Bunch 11:00 Senior Feud 11:30 Kinetic works [BW] 12:00 Treasure Detectives [TS] 12:00 Lunch [DR] 1:30 Sing Along with the 50's 2:30 Healthy Living workout w/Tibs! [TFC] 3:00 Snack Shack Social 3:30 Bingo Bonanza [TS] 4:30 "Can you picture this" Discussion 5:00 Dinner [DR] 6:15 Featured Film</p>	<p>Pumpkin Pie Day 8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 Daily Chronicles [TS] 10:00 Hymns & Prayer w/ Chaplain Sharon [TS] 10:30 Snack Shack w/ Chaplain Sharon [TS] 11:00 Cardio Corner [TFC] 11:30 Easy Does it Random Trivia [TS] 12:00 Lunch [DR] 1:15 North Coast Choir 2:00 Fly Swatter Volley Ball [TFC] 2:30 Snack Shack Social 3:00 Mid day Matinee & Popcorn [TS] 5:00 Dinner [DR] 6:30 Evening at the Cinema [C]</p>	<p>8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 Headliners [TS] 10:00 Penny Ante [TS] 10:30 Morning Munch Bunch 11:00 Seniorcise [TS] 11:30 Categories [TS] 12:00 Lunch [DR] 1:30 Crafty Creations [TS] 2:30 Snack Shack Social 2:45 J-H-N-G-O [TS] 3:30 Balloon Hockey [TS] 4:00 Karaoke Hour 5:00 Dinner [DR] 6:30 Bingo fun night [BW]</p>	<p>8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 Funny News Friday [BW] 10:00 Pet Therapy w/ Amy & Dory [TS] 10:30 Morning Munch Bunch 11:00 Dancin Dynamics Exercise [TFC] 11:30 Clover all over Game [TS] 12:00 Lunch [DR] 1:30 Brain Game: Pickles to Penguins [TS] 2:00 Fine Artwork [TS] 2:30 Snack Shack Social 3:00 Kick Ball [TS] 3:30 Hang Man [TS] 4:00 Dance Party! [TS] 5:00 Dinner [DR] 6:15 Fun Film Friday</p>	<p>8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 News and Views [BW] 10:00 Make-up & Manicures [TS] 10:00 Man Cave gather [MC] 10:30 Morning Munch Bunch 10:30 The Lawrence Welk Show 12:00 Lunch [DR] 1:30 Whats the big picture puzzles [TS] 2:30 Snack Shack Social 3:00 Similes & Synonyms 3:00 Dish it up 3:30 Drums Alive Exercise [TFC] 4:00 Scrapbookers [TS] 5:00 Dinner [DR] 6:30 On the big Screen [BW]</p>
<p>Happy Birthday Claude Walbert! 8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 News & Views [TS] 10:00 Spiritivity [TS] 10:30 Morning Munch Bunch 10:45 Age Fit: Stretch & Flex [TFC] 11:15 Categories [TS] 12:00 Lunch [DR] 1:30 Scrabblers 2:30 Snack Shack Social 3:00 Wet Canvas [TS] 3:00 Catholic Communion w/ Saint Marys Ministry [TS] 3:30 Loteria! (Spanish Bingo) 4:00 Table top Games [TS] 5:00 Dinner [DR] 6:15 Silly Cinema</p>	<p>8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 Daily Chronicle [TS] 10:00 Rhyming Warm Up Routine [TS] 10:30 Morning Munch Bunch 11:15 Sit and Zumba [TFC] 12:00 Lunch [DR] 1:30 Handy Hand Motor Skills [TS] 2:00 Math Madness 2:30 Snack Shack Social 3:00 Parachute Fun [TFC] 4:00 Karaoke Hour 5:00 Dinner [DR] 6:15 Helpful Hands</p>	<p>8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 Daily Chronicles [TS] 10:00 Scrabblers 10:00 Pet Visit from the humane Society [TS] 10:30 Morning Munch Bunch 11:00 Senior Feud 11:30 Daily Chronicle [TS] 12:00 Treasure Detectives [TS] 12:00 Lunch [DR] 1:30 Sing Along with the 50's 2:30 Healthy Living workout w/Tibs! [TFC] 3:00 Snack Shack Social 3:30 Bingo Bonanza [TS] 4:30 "Can you picture this" Discussion 5:00 Dinner [DR] 6:15 Featured Film</p>	<p>8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 Daily Chronicles [TS] 10:00 Hymns & Prayer w/ Chaplain Sharon [TS] 10:30 Snack Shack w/ Chaplain Sharon [TS] 11:00 Cardio Corner [TFC] 11:30 Easy Does it Random Trivia [TS] 12:00 Lunch [DR] 12:00 Fly Swatter Volley Ball [TFC] 2:00 Fly Swatter Volley Ball [TFC] 2:30 Snack Shack Social 3:00 Mid day Matinee & Popcorn [TS] 5:00 Dinner [DR] 6:30 Evening at the Cinema [C]</p>	<p>8:00 Breakfast [DR] 9:00 Busy Bodies (ongoing all day) [BW] 9:30 Headliners [TS] 10:00 Penny Ante [TS] 10:30 Scenic Drive 10:30 Morning Munch Bunch 11:00 Seniorcise [TS] 11:30 Categories [TS] 12:00 Lunch [DR] 1:30 Crafty Creations [TS] 2:30 Snack Shack Social 2:45 J-H-N-G-O [TS] 3:30 Balloon Hockey [TS] 4:00 Karaoke Hour 5:00 Dinner [DR] 6:30 Bingo fun night [BW]</p>	<p>Location Keys Bistro West BW Courtyard C Dining Room DR Men's Cave MC Town Sq Fitness CrTFC Town Square TS</p>	